

## **Snack**

In February this year we decided to rotate children's snack on a six weekly cycle, allowing the children the opportunity to try a wide range of foods, which in turn supports their understanding of a healthy and balanced diet as part of a healthy lifestyle. Staff have observed children over the last few weeks and have noticed that the children are trying and enjoying more food groups than they had been previously at snack time, therefore we are asking if there are any other foods that you would like your child to try that we can incorporate into the snack menus then please let us know and we will happily accommodate. Alternatively if there are any foods that your child would like to see added to the menus then please let us know as we welcome and respect all views from parents/carers and of course from the children, ensuring their needs are being met and the nursery are providing a high quality service. All menus are available to view via our webpage under the Newsletter Tab.

You can leave any thoughts, feedback and any other comments you may have regarding this matter via our Electronic Feedback Form online at [www.littletreasures.org](http://www.littletreasures.org).

Thank You 😊