Sun Care

The nursery is committed to ensuring that all children are fully protected from the dangers of too much sun/UV rays. Severe sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

We use the following procedures to keep children safe and healthy in the sun:

- The nursery will provide sun hats which will be worn at all times whilst outside in sunny weather. This hat will preferably be of legionnaires design (i.e. with an extended back and side to shield children's neck and ears from the sun) to provide additional protection
- Children must have their own sun cream, minimum SPF 40, labelled with their name. Prior written consent from parents must be obtained for staff to apply the child's suncream. This enables children to have sun cream suitable for their own individual needs. Staff must be aware of the expiry date and discard sunscreen after this date
- Children's safety and welfare in hot weather is the nursery's prime objective so staff will work closely with parents to ensure all appropriate cream is provided
- Staff will make day-to-day decisions about the length of time spent outside dependent on the strength of the sun
- Children will always have sun cream applied before going outside in the hot weather and at frequent intervals during the day
- Children are encouraged to drink cooled water more frequently throughout sunny or warm days
- Children are made aware of the need for sun hats, sun cream and the need to drink more fluids during their time in the sun
- Shade will be provided in the form of a summer house and tents to ensure children are able to cool down or escape the sun should they wish or need to

National Care Standards- Health and Wellbeing, Standard 3
Confidence in staff, Standard 12

Signature	Position	Date