

## **Health Promotion meeting /Eco Meeting 24-11-09**

**Attended Maryanne Neil, Christina Saville, Linzi Howie , Rachael Howie , Jemma Donohoe, Kai Garty, Ellie Mollan, Ross Timmons**

**Apologies -Stuart Glen, Mackenzie Glen and Lauren Skelton**

**Opened meeting with everyone introducing themselves and why we were in attendance.**

**Explained to committee about the change in the staff. Jackie will no longer be part of the committee due to workload so Christina is now on the Health Promotion Committee board. Children are aware that they can still ask Jackie any questions they may have regarding HPN or Eco as all staff is aware of our aims and developments in the Garden.**

**Discussed the planting of the Orchard and showed Linzi pictures of us planting the trees. Children were very hands on in the planting. Ellie and Kai were able to tell us what types of trees we had planted. We planted them on Monday the 23<sup>rd</sup> of November with the help of Andrew from Craigend Nursery as well as Eva Noble's dad, Billy. We were really sorry that Andrew was running late and Maureen Kettle could not stay to help due to other commitments. We were thankful for all the help.**

**Discussed our links with Step by Step nursery. Step by Step were on the ICT course that Linsey and Maryanne had helped North Lanarkshire Council run. They were interested in our home link programme that we run with the camcorders. As we have recently purchased a Web Cam they were interested in becoming our web buddies. We have set up email accounts and swapped drawings by the children. We feel it would be beneficial to set up a visit to the nursery to meet staff and children. A visit will be arranged for January. Maryanne will arrange this.**

**Litter Bags-** Ross told us about the litter bags and how he had made a litter warrior for the wall. Children are coming up with ideas for the Eco Warrior and these are displayed on our HPN & Eco Notice board. Staff and children thought it would be good to pick one design and make this into a giant warrior and name it so children have a focus to identify with. Maryanne showed Linzi the litter bags and its contents. All children passed around the resources to each other. Children showed us the Eco floor book and showed us the pictures of them collecting the litter in the garden using the bags. Children are becoming more aware of Eco issues we are focusing on.

Stuart Glen is going to focus on a simplified way to explain Biodiversity to the children we also discussed a way to monitor the bugs in our secret Garden area as children have been interested in how many different types of insects we have seen lately in the garden. Linsey and Jackie have carried out group time with the children explaining Bar Graphs and pie charts so this is maybe a way the children can record their evidence.

We asked Linzi if she knows of any ways we can get parents more interested in our Eco/HPN committee. We thought it might be a good idea to attach a copy of the meetings to the newsletters .We will try this and monitor any feedback. Also ask children to show parents the displays we have on the walls as parents may not be aware of these as they are tucked away around the corner at the bathrooms. Most parents may not see this at drop off or home time.

Linzi also explained about an idea the Meadow club was doing with the children. This is all about Healthy Foods, ok foods and decay foods. Rachael explained this to the other children and when asked told us that she would like to do that at this nursery. Christina and I thought we could make a display with the children and put this at the snack area. They will look at working with the children on this after Christmas.

No other business.

Date for next meeting is 2<sup>nd</sup> of February at 2.00pm.

